# Welcome Aboard!

Command Sponsorship Program
ATCS Quincy Bentley
Sponsorship Coordinator
Comm: 011-81-0468-96-7456 or
DSN 315-243-7456
ext.J-7282
email: gwsponsor@cvn73.navy.mil

# *Tokyo at dusk*

## Welcome to Japan!

**As you have probably already noticed, moving overseas can be challenging and full of adventure . As the Command Sponsor Coordinator, along with the Command Ombudsmen, we would like to make you feel welcome right away and help you with these challenges. This booklet, our webpage at http://www.gw.navy.mil and Commander Fleet Activities Yokosuka webpage at http://www.cnic.navy.mil/Yokosuka/index.htm should help relieve some of the stress associated with PCS'ing to a foreign country. It is an easy reference for a variety of questions you may have. Most importantly never hesitate to contact us:**

**Command Sponsor Coordinator: If calling from the U.S., 011-81-046-896-7456; email gwsponsor@cvn73.navy.mil**
**Command OMBUDSMEN: 011-81-046-816-9913, and select option number two; email: cvn73ombudsman@yahoo.com**
**George Washington Family Readiness Group (GWFRG): email: gwfrg73@yahoo.com**

**We sincerely hope you will enjoy your experience in Japan, while exploring the culture. Welcome Aboard and we look forward to your arrival.**

# Table of Contents


- Page 4 Bringing Your Pet
- Page 6 When You First Arrive
- Page 9 Where Do I Begin
- Page 13 Living Arrangements
- Page 18 Steps Toward Obtaining A Vehicle
- Page 19 Setting Up Internet and Cable
- Page 20 Telephone Information
- Page 21 Childcare In Japan
- Page 23 Useful Base information and locations
- Page 24 Shopping On-base and Off-base
- Page 26 Places to eat On-base
- Page 28 Useful Websites
- Page 29 Fun things to do with the Kids
- Page 30 Other Organizations

# Bringing Your Pet

**It is important for anyone thinking of bringing a pet to Japan to review the information on the Japanese government and Army Vet website below. The Japanese Animal Quarantine Service (AQS) has radically revised its procedures for importing pets. These rules apply specifically to dogs and cats. Other rules apply for more exotic pets.**

**AQS website at**
**http://www.maff.go.jp/aqs/english/animal/im_index.html .**

**Army Vet website at**
**http://www.usarj.army.mil/organization/vet/**

**Hyperlink for Pet Checklist**
**http://www.cnic.navy.mil/navycni/groups/public/documents/document/cnicp_a131173.pdf**

# Bringing Your Pet cont.

Other considerations when bringing a pet:

1. You will need to obtain kennel space or make other arraignments prior to your departure. The number to the Kennel is DSN 243-4530 or 011-8146-816-4530 if you call direct from the States. Without a kennel reservation or other arraignments Yokosuka personnel arriving with pets will either have to stay in Yokota or the next closest base the member can find that will house the animals. Pet boarding fees are high in Japan and can prove expensive. **THE NAVY LODGE DOES NOT ALLOW PETS.**

2. You will need to arrange transportation from Yokota and Narita to base for your pet via the FAST office DSN 243-5770 or 011-8146-816-5770 if you call direct from the States. ZERO PETS OF ANY SIZE are permitted on the buses. The FAST office will arrange a vehicle to meet you and take you and your pet to the kennel and lodge.

3. Bringing a pet dog with you when you transfer to Yokosuka could seriously interfere and/or impede finding a place to live, both on and off base.

# When You First Arrive

When you first arrive, things here can be overwhelming. You have to deal with jet lag and move into a hotel for an unknown amount of time. Don't worry—it all gets organized soon enough.

Here is what to expect when you first arrive. Due to the locations of the two airports, we will not likely be at the airport to greet you. Not to worry, if your arrival is scheduled for Narita International Airport, there is the Department Of Defense (DoD) service counter which you are to report, and they will assist and ensure you are escorted to the shuttle bus from the airport. Please ensure to have an extra copy of your PCS orders and Military ID to give to the DoD Counter Representative. The bus ride to the base could take up to two or three hours. I've attached a hyperlink for the Narita Airport (DoD Liaison Counter) to assist you in transient through the airport upon your arrival.

Follow the link below for detailed transient information to DOD counter at Narita Airport.

**Narita Airport Information**

# When You First Arrive cont'd

If you fly into Yokota Air Force Base, follow these directions. When you clear customs and claim your luggage, you will walk out into the terminal waiting area, ask the service counter to point out DoD buses, and board the bus going to Yokosuka. It is also a two hour bus ride and you will arrive at the same ultimate destination at your new homeport, Yokosuka, Japan.

When you arrive at destination you will be transported to Yokosuka Base PSD bldg. where a Patriot's Land representative will escort you and get you settled in.

Inform your sponsor of your expected arrival date and flight itinerary to ensure you are greeted and taken care of.

If accompanied with family, you will check into the Navy Lodge, and will be provided with paperwork from the desk staff. Please pay attention to the dates for the payment of TLA. Ask your sponsor or Patriot's Landing administration department, if you have any questions.

# Navy Lodge Yokosuka

- Provides temporary lodging to newly arrived military members and their dependents.
- Specify to your sponsor if you want a room with or without kitchen.
- Yokosuka Navy Lodge Phone number is: 243-6708.
- In CONUS dial 1-800-NAVY INN
- Free laundry equipment use is available in this facility.
- Members can stay between 1 to 3 months while searching for their temporary off base housing.
- Navy Lodge does not allow pets in their rooms. Guests with pets will be required to seek a pet boarding facility or other arraignments.

# WHERE DO I BEGIN

1. **MOST IMPORTANTLY - Make several copies of your orders and Dependent Entry Approval (DEA), Official Orders, and if applicable, a valid Power of Attorney. Many services on base in Yokosuka, including setting up telephone, registering a vehicle, household goods delivery, and housing office business require a spouse to have a valid power of attorney. Bring them with you wherever you go for at least 2 weeks. Also learn your sponsor's work phone number as soon as possible. You will be asked for this information often.**

2. **Sign Up for Area Orientation Briefing\ Intercultural Relations A.O.B. / I.C.R. Your sponsor or Patriot's Landing administration department will assist you in this process. AOB / ICR is offered weekly from Monday through Friday, and is mandatory for all incoming active duty, civilian and adult dependents. Representatives from around the base will talk about policies, procedures and benefits associated with living in Japan; and local experts will discuss cultural issues and adjusting to your new home. AOB / ICR is held on the 4th Deck of the Community Readiness Center, Room 442- Auditorium.**

3. **Cell phones. You need a way for people to get in touch with you and cell phones are the easiest way. (If living off-base, many people do not bother with a Japanese land line, since they are expensive.)**

# WHERE DO I BEGIN cont'd

**Softbank (formerly Vodophone) is offered at the NEX and AU is offered down Blue Street. (See Telephone Information" section for general dialing instructions.)**

**4. Figuring out your living arrangements. You are required to attend 2 separate Housing Briefs within 2 working days of arrival. These briefings take precedence over the AOB/ICR briefings. Failure to attend may impact your TLA eligibility. They are both held at the Yokosuka Housing Services Center (Bldg. 1441) located right next to the Navy Lodge. You may sign up in advance for these briefs at the Housing Center front desk or you can call 243-9037 or 046.816.9037.**

**a. The Housing Referral Brief starts at 0830 every weekday (except Holidays and 1st Wednesday of the month). They provide useful information about finding a home out in town; allowances/entitlements; and the lease signing process. Please plan on arriving NLT 0815 with your PCS orders stamped by their receiving command, family entry approval, and either detaching endorsement or history of assignment in order to complete an application.**

**b. The second brief is Military Family Housing (MFH) Application Brief which starts at 1400 every weekday (except Holidays). In this briefing, they provide details on the MFH application and assignment process. (See Living Arrangements for more information)**

# WHERE DO I BEGIN cont'd

**5. If you have young children, call the Hourly Child Development Center (CDC) and make sure your child/children have daycare reservations set up during the Area Orientation Brief (AOB) class that you must attend. At the CDC, you need to attend an orientation (held daily at 0900) and bring an immunization record for each child. Check to see if your sponsor can book a reservation for your children at the CDC before you arrive, since it tends to book up quickly!**
**(See "Child Care in Japan" section or follow the link below:**

**Child Development Centers**

**6. Set up your banking in Japan:**

- **Navy Federal: 243-3333**
- **Community Bank: 243-4585** **(ATMs will issue Yen or US Dollars)**

**Dollars can be exchanged for yen at the following base locations:**

- **Club Alliance (Enlisted)**
- **CPO Club**
- **Officer's Club**
- **Community Bank**

# WHERE DO I BEGIN cont'd

**7. Passports for your entire family will need to receive the Multiple Entry stamps. Take your orders, family entry approval and both your No-Fee passport and your tourist passports to the first deck of the PSD building.**

**8. Schools: The DODDS schools on base all have websites: http://www.japan.pac.dodea.edu/index.htm This is the most accurate source of information for each school's requirements.**

**9. Post Office Box: The main post office is located on Yokosuka Naval base with mini branches located at Ikego & Negishi. Many companies will ship to a FPO address; you just have to research it. You can still have things you can't live without from the US! There are companies set up to assist military families by providing a physical address and re-shipping to the APO/FPO mailing address. APOBox.com is an example of one of these types of companies. (See the sample of stores that ship to FPO/APO for more info)**

**10. Pets: Pets need to be registered on base within 24 hrs of your arrival. Please call the Veterinary Clinic at DSN: 243-6820 as soon as possible.**

# Living Arrangements

**Housing can be a big concern when you first arrive. There are many options and decisions you will need to consider. CFAY offers 3 housing areas:**

**Yokosuka, Ikego (approx 25 min) & Negishi (approx 45min). The housing office will provide you with estimates of the wait time for base housing once you are on the list. Another option to consider is living off base. The housing referral office is an excellent start to finding the perfect home that suits your personal needs. CFAY's housing office offers loaner furniture to furnish your on/off base residence until your household goods arrive. Only furniture is provided. Your sponsor will be able to provide some key items that may help make your family more comfortable while waiting for your Express & Household good shipments. Please let us know when you are in housing and what items you may need.**

**On-base Living Options:**
**High-rise towers with 2 and 3 bedroom apartments (no dogs)**
**Townhouses with 3 and 4 bedrooms**
**You must qualify by rank or number in family. It can take up to a year to move into a townhouse, it depends on availability, so check with the Housing Office.**

**Off-base Living Options:**
**Individual houses**
**Japanese mansions (apartments)**
**Whether you and your family choose to live on-base or off-base, both offer different opportunities and both are enjoyable living experiences. There are many people onboard USS GEORGE WASHINGTON who can answer questions you may have about either living arrangement.**

# Types of on-base housing in Yokosuka

- This is one of the most common housing units available with 2 or 3 bedrooms.
- Each housing unit have ample storage place for your excess gears. There are no pets allowed on tower units.
- All housing units units are furnished with household appliances such as refrigerator, electric cooking stove, microwave oven, washer, dryer and dishwasher.

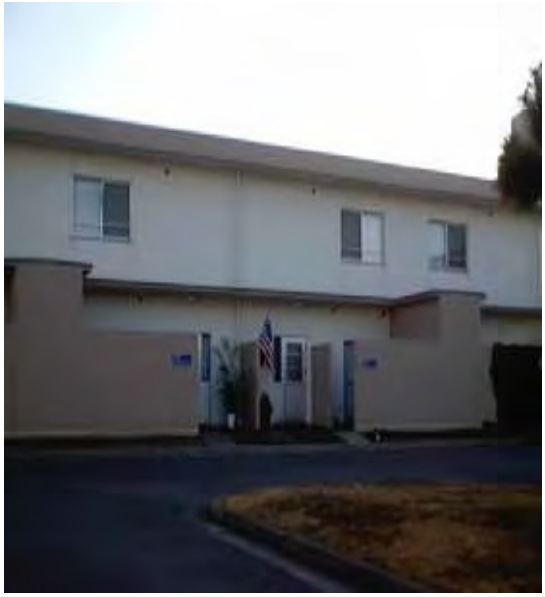
**Housing Video**

**2 Bedroom Tower Unit at Yokosuka Naval Base**

**3 Bedroom Tower Unit at Yokosuka Naval Base**

# Townhouses

- These units are primarily available for bigger families or families with pet (s).
- They are available up to 4 bedrooms.
- These units are available for both enlisted and officers.



Click link on the following for more pictures and floor plans:

Base Housing

**Housing Video**

**3 Bedroom Townhouse at Yokosuka Naval Base**

**4 Bedroom Townhouse at Ikego Hills**

# Off-base Housing

**Most newcomers are shocked by their first look at available rental houses. Expect to see small houses averaging 720 square feet or less for a two bedroom unit. They are built with unfamiliar materials like tatami (straw mat) floors, and unfamiliar appliances or no appliances at all. Newer homes have only one or two tatami rooms; the rest have carpet, tile or hardwood floors, and some homes have no tatami.**

**The standard bedroom size is six tatami, about 9 ft. by 12 ft. A "large master bedroom" is eight tatami, or 12ft. by 12 ft. Houses often have narrow doors and halls, and narrower staircases (e.g., 27 inch wide doors). Therefore, queen-size box springs or king size mattresses often won't fit upstairs. Door frames are often lower, about six feet from floor to top. Oversized couches or overstuffed chairs may not fit, since dining rooms are often just one end of a living room. Closets in bedrooms seldom have bars to hang clothes, and some are divided into upper and lower sections with no place to hang long dresses or coats. Storage inside the house or outside may be limited or non-existent, and there is usually no attic or basement and no garage.**

**Housing Video**

**Off-Base Housing Process**

**3 Bedroom Off-Base House**

# *Driving in Japan*

# Steps toward obtaining a vehicle

- **First, in order to drive in Japan, you must have a valid stateside driver's license and complete the driver's safety class that is given on the last day of AOB / ICR class. After completing the driver's safety class, passing the written & driving portions of the test, you will be issued a SOFA driver's license. (If you have a teenager who will be coming to driving age while are here, there is a driver's training course is offered through FFSC in conjunction with the Kinnick High School). On base, there is an extensive used car system, where the "lemon lot" showcases the available vehicles.**

- **Most cars are reasonably priced, with small coupes selling from about $1500 and vans in the $2500-$5000 range. The "Lemon Lot" is located towards the far left of the Commissary parking lot, near the After School Care facility. Check the bulletin boards around base (i.e.: Navy Lodge, Commissary, Towers, etc) for other car listings as well.**

- **Note: Obtaining a vehicle can take from 1 to 2 weeks on average. Cars must be registered in the sponsor's name. If anyone other than the sponsor—even a spouse—is arranging the registration, a Power of Attorney (POA) is needed.**

**For any questions about the following process, contact Vehicle Registration Office (Phone: 243-5011 or follow the link below).**

**Vehicle Registration**

# Setting up Internet and Cable

- If you live on base, you can use Americable for cable TV and Internet access (Phone: 241-2288). Americable offers a variety of plans that carry a number of local Japanese stations, some American cable channels, and a few pay channels. In general, the AFN channels offer American programming, with most TV series playing several months behind what is airing in the states. Although, many sporting events are carried live. Reality shows are carried “almost-live”, meaning they air over here the day after they aired in the states.
- If you live off base, you can get a decoder box & satellite dish so you can watch the Armed Forces Network (AFN) channels on your television. Internet service is offered on-base through Americable.
- Internet service is offered off-base through JCOMM. It may take a week or more from the time you call JCOMM to set up your appointment, so call as soon as you determine your living arrangements. Netflix (mail order video rental) will work here and though mail may take longer, you can still enjoy “home” delivery of movies and TV shows here in Japan (please use your PSC address not Japan address (if off base) to avoid confusion). You can use a DVD recorder in Japan and one may come in handy if you watch sports. Many U.S. games are on TV during the night if they are live. (Note that TiVo and Replay TV devices and services do not work in Japan, even as a manual digital recorder.)

# Telephone Information

- **Consider using the internet and a service such as Vonage (www.vonage.com), Skype or VOIP to phone the U.S. If you live on base, you can sign up for DSN phone plan through the Base Communications Office (Phone: 24305847). Phone cards are also available at the NEX and various locations around base.**
- **Helpful reminders when calling within Japan (from cell phones)**
- For 241 prefixes: 046-896-XXXX
- For 243 prefixes: 046-816-XXXX
- For 246 prefixes: 046-806-XXXX
- **To Dial the Base Operator:**
- From on-base: 243-1110
- From off-base: 046-816-1110
- Calling from the U.S.:
- (for other countries, replace 011 with correct international access #)
- 241 prefixes: 011-81-46-896-XXXX
- 243 prefixes: 011-81-46-806-XXXX
- 246 prefixes: 011-81-46-806-XXXX
- Cell phones start with 090: 011-81-90-XXXX-XXXX
- Cell phones start with 080: 011-81-80-XXXX-XXXX
- **To Dial Directly to U.S.:**
- 88 + 00 + 11 + AREA CODE + NUMBER
- To call the U.S., you can purchase a NEX EZ-Call Calling Card for $20 from vending machines at the Navy Lodge, Main Street Food Court, or the Laundromat. You can call using your cell phone without using your airtime minutes, but you will get fewer minutes for your money than if you call using a land line.
- **Note:** In Japan, cell phone plans usually have fewer minutes included per month than U.S. plans. However, incoming calls are free on cell phones (they don't take away from your monthly minutes). Many people also use text messaging since it doesn't cost as much as a call if you exceed your allotted minutes per month.

# Child Care in Japan

- CHILD DEVELOPMENT CENTER (CDC) is for ages six weeks thru Kindergarten, provides quality child care with scheduled developmental activities, free play, storytelling, music and art offered in a warm, secure environment. The Main, Ikego and Negishi Child Development Centers (CDC) have full day care for children ages six weeks to five years. Two meals and two snacks are provided; two outdoor exercise periods and a rest/nap time period are planned in addition to regularly scheduled age appropriate developmental activities throughout the day. A contract and prepayment are required.

- The Main CDC Annex (formerly the Hourly-Care Center) offers full time and hourly care to the CFAY community. This center is only for children under school age needing full time care (over 25 hours a week). Dual active duty has priority. They have a waiting list for all others. Their rates depend on total pay. They will require an LES when registering; also immunization records are needed. This is 48 spaces that will be available for part-time and hourly care for the community. Reservations for hourly care (pre-school only) are accepted and can be made by phone at any of the Child Development Centers or by calling the Annex at 241-4101 or 241-4102.

- CHILD DEVELOPMENT HOMES (CDH) care is provided by a military family member in base housing. CDH providers attend 36 hours of training and have their homes inspected monthly. They care for children in a home-like environment with mixed ages and can often meet the special needs of later hours, weekend or last minute care. Parents can obtain referral for certified homes with openings by calling the CDH Office. Only certified homes are sanctioned by the Commanding Officer to provide child care.

# Child Care in Japan cont'd

The full day care Direct Cash Payment Program offers shift workers dual/single active duty parents and parents with children under two years of age, prices identical to the CDC. Our office is located on the third floor of the Fleet Readiness Center (adjacent to American Red Cross). CD Homes: 243-5478 or 243-3222 / 046-816-5478 or 046-816-3222

# Useful Base Information

- Base Taxis:
  DSN: 243-4444 or CELL: 046-816-4444
- Autoport (Next to the Navy Lodge) Hours: 0600-2300 daily

Car service center, Gas station, Garden Center, Convenience Store ~ offering a variety of items: milk, water, basic food items, frozen entrees, juice, and a video rental

- Barber Shop (Two locations)
  Navy Exchange Hours: 0900-1900 Monday-Friday; 0900-1800 Saturday; 1000-1800 Sunday
  Fleet Recreation Center Hours: 1000-1700 daily
- Beauty Shop (Inside Navy Exchange) Hours: 0900-1900 Monday-Friday; 0900-1800 Saturday and Sunday
- Commissary (Next to Navy Exchange) Hours: 0800-2000 Monday-Friday; 0900-1900 Saturday and Sunday
- Navy Exchange (Next to Commissary) Hours: 0900-2000 daily
- The Mini-Mart (convenience store) and Book Store are within the Navy
- Exchange
- Fleet Exchange (In Fleet Center) Hours: 0900-1900 daily

A smaller Navy Exchange with mainly athletic equipment and clothing

- Fleet and Family Support Center (4th Deck of the Community Readiness Center) Hours: 0800-1630 M-T-W-F. 0800-1500 Thursdays

For family support, free community classes, maps and emergency translation services.

- Video Rental (Across from Navy Exchange) Hours: 1000-2100 Monday-Saturday; 1000-1800 Sunday
- Dry Cleaning/Laundry (Next to Post Office) Hours: 0700-1730 Monday-Friday; 0900-1700 Saturday
- Laundromat (Between Commissary and Navy Exchange)

See “Shopping On-Base” and “Places to Eat On-Base” for more base information.

# Shopping On-base

- NEX Autoport Gas and Garden Center located next to gas station. They sell some foods, beer and wine, automotive items, outdoor items and tools.
- Navy Exchange (NEX) is located across from Starbucks and has clothing, shoes, books, toiletries, liquor, toys, electronics, etc.
- NEX Children's Store is located in front of the Navy Exchange on the 2nd floor. This store sells children's clothing and equipment from newborn to teens.
- NEX Home Accents is located in front of the Navy Exchange. **Note:** This store sells kitchen items, household decorations, Japanese items, crystal and other nice things.
- NEX Furniture store is located next to Starbucks and has furniture for every room in your house.
- NEX Depot has nicked or damaged furniture, cooking supplies in bulk, office supplies, outdoor sheds and some electronics and tools.
- Takusan Treasures is located on the west side of Main Street Café. The gift shop sells many different items from Asia. Open Tuesday and Thursday 1000-1500 and the second Saturday of every month from 1000-1400
- Second Hand Rose is located on the first floor of the Americable Bldg. This is a thrift store and donations are accepted during business hours. Tuesday and Thursday from 0900-1400 and the second Saturday of the month from 0900-1400.
- Hobby Mart is located on the second floor of the community center and has a variety of crafts, dance and other items. Open on Tuesday-Sunday 1000-1800.

# Shopping Off-base

- Daiei Shopping Mall: The first floor has a grocery store (like most Japanese department stores). Then there are many floors and shops, including a book store with an English section and a food court. There is a gate (for walking only) onto base through the back side of the Daiei. It is only open weekdays from 0600-2000 and is closed on U.S. holidays.
- 100 Yen store, "Daiso": There are 2 of these "dollar store equivalents" located across from the Daiei. Walk the crosswalk over Rt.16 and walk down the side street in front of Daiei with a "Mikasa" store on your left and an Italian Pizza restaurant on your right. In the rear of the office building with the pizza restaurant, go through a narrow hallway leading to an escalator/staircase. Take it to the second floor. You will see a Subway (the sandwich chain) and 2 stores across from each other that are both "Daiso" stores.
- Blue Street: There are multiple shops and restaurants down "Blue Street." Look up because many buildings have shopping on several floors. (Many stores and restaurants are closed on Wednesdays.)
- Look for:
- More's City (a "mall" behind Yokosuka Chuo station)
- Saikaya department store (with up-scale department store in basement)
- Gap located on 2nd floor of Saikaya department store
- Seiyu department store (with grocery in basement)
- Many other stores!
- Homes, Livin and Ave are departments stores that you can drive to along Route 16. D2 is a similar store located along Route 134. (From base, turn left out of Main Gate and travel along Route 16. When you see Red Lobster, turn right at a light onto Route 134). Each of these stores has a variety of home items you may need. Livin also sells clothing.

# Places to eat On-base

- **Chili's** (Next to the Navy Lodge; does have a takeout menu available.
- **Officer's Club** (Across from the Hospital). There are multiple places to eat and socialize here. Main Dining Room-open for lunch and dinner and has dress code of no jeans or shorts after 1700. The Warehouse- Casual restaurant located in the rear of the O 'Club Deli- Located next to the front entrance. Bar- located in main entrance (No children allowed).
- **CPO Club** (Across from ATG, on the main gate side of base) Delicious Buffets & nightly Specials. Banquet Facilities for Functions Available.
- **Club Alliance (Club A)** (Right at the entrance to Main Gate) This All-Hands Club offers a variety of delicious food, dancing & much more.
- **McDonald's** (Across from Navy Federal Credit Union) Outdoor play area and drive-thru available.
- **Taco Bell** (Across from Navy Exchange) Drive-thru available
- **Starbucks Coffee** (Across from Navy Exchange, next to ITT)
- **Main Street USA Food Court** (Across from Benny Decker Theater)
  Popeye's Chicken
  Seattle's Best Coffee and Cinnabon,
  Long John Silver's,
  A & W Root Beer,
  Chinese Restaurant
  Subway
- **Sbarro's** (Attached to Main Street USA Food Court) Buffet open Thursday-Sunday
- **NEX Food Court** (In the Navy Exchange)
  Anthony's Pizza (delivery 243-food),
  Dunkin Donuts,
  Baskin Robbins, and
  American Eatery
- **Fleet Recreation Center**
  Cinnamon St. Bakery,
  Mean Gene's hamburgers,
  Submarine sandwich shop and pizza
- **Bowling Alley** (Between Main Street USA and McDonald's)
  Mean Gene's hamburgers and pizza

# Sample of Stores that ship to APO/FPO

**Amazon (most items)**
**Ann Taylor / Ann Taylor Loft Baby Center**
**Banana Republic**
**Barnes & Nobles**
**Best Buy (some items)**
**Campmor Drugstore.com / Beauty Gap**
**GNC**
**Gymboree**
**Hanna Anderson**
**Harry and David**
**Joann's**
**J.C. Penney**
**J. Crew J.**
**Jill Lands**
**End**
**Lane Bryant**
**Linens N Things**
**Lion Brand Yarn**
**Moose Jaw**
**Nashbar**
**Nordstrom**
**Norm Thompson**
**Old Navy ($5 shipping per order)**
**PACSUN Wear**
**Performance Bike**
**Petco**
**REI**
**Robeez**
**Sears**
**Sierra Trading Post**
**Stride Rite**
**Target (some items)**
**The Children's Place**
**The Right Start**
**Victoria's Secret Wal-Mart**
**Zappos Zippos**

# Useful Websites

- Commander Fleet Activities Yokosuka

  http://www.cnic.navy.mil/Yokosuka/index.htm
- Fleet and Family Support Center (FFSC)

  http://www.cnic.navy.mil/Yokosuka/FleetAndFamilyReadiness/index.htm
- Military Installations Database (Replacement for SITES)

  http://militaryinstallations.dod.mil
- Morale, Welfare and Recreation (MWR)

  http://mwryokosuka.wordpress.com/
- Train Schedules

  www.hyperdia.com

  www.jorudan.c http://www.jorudan.co.jp/english/
- Armed Forces Network Satellite TV Schedule

  www.myafn.net
- Yokosuka City Information

  http://www.city.yokosuka.kanagawa.jp/0140/english/index.html
- The New Sanno (Military Hotel in Tokyo)

  www.thenewsanno.com
- Translate Names into Japanese (Kanji)

  www.japanese-name-translation.com
- IACE Travel (Airfare to U.S.A.)

  www.iace.co.jp/english/

# FUN THINGS TO DO WITH THE KIDS!

There are many fun and convenient things to do with kids in Yokosuka. Here are a few ideas:

- Check with the Community Center and Youth Center for different classes such as music and dance lessons and craft classes.
- Also check out Purdy Fitness Center for classes, such as stroller exercise classes, Mommy-n-me gymnastics for toddlers, and swim lessons for babies and older children.
- Fleet and Family Support Center provides directions to many different places to go with children. (You can download them from the GW or CNIC Yokosuka website as well.)
- The local Japanese mall Daiei (pink mall right next to base) has an indoor play area on the second floor that is great for children under 5. It is 500 yen to play all day (with shopping breaks, of course.)
- There are so many parks and beaches for children and they are easy to find.
- Don't hesitate to ask any parent at the play areas what you can do with your little ones. Everyone here was new once and they can help you out.

Kids can really thrive here and enjoy the culture as much as you can. They can also make it easier for you to meet friends through them!

# Other Organizations and Training Courses

In the fall, look for advertisements for the annual "Welcome Fair," to disseminate information about CFAY Clubs and Organizations. Attend and learn more about how to become involved in social and volunteer activities, while meeting new friends, of course! Here are just a few groups you might be interested in:

- Local Colleges & Universities

  You'll find many opportunities to go back to school. Below is a list of on-base colleges & universities offered at Fleet Activities Yokosuka. Most information can be found at the Fleet Rec Center across from the piers.

  - **Central Texas College**

  Programs: Assoc. Degree programs in Education, Criminal Justice, business Administration, Early Childhood Professions, Fire Protection Technology, Law Enforcement and General Studies.
  www.pfec.ctd.edu/

  - **University of Phoenix**

  Programs: Master of Management, Master of Education.

  - **University of Maryland University College (UMUC)**

  Programs: visit their website for more info www.asia.umuc.edu

  - **Troy State University**

  Programs: Master of Science in Management, Master of Public Administration.

  - **PACE** (Program for Afloat College Education)

  Provides tuition for free basic skills development, as well as college classes aboard deployed commands.

  - **Navy College Learning Center**

  Offers a many courses and testing for SAT/ACT, GED, college courses, and CLEP. For more information, please call 243-8131.

# Other Organizations and Training Courses – cont'd

- **COMPASS "A Course for Navy Life"**

This is a group of volunteer Navy spouses who mentor other Navy spouses. The training is usually a 3-day course from 0900-1200 and teaches spouses about all aspects Of "Navy Life"—including acronyms/abbreviations, how to read an LES, how to PCS in the Navy, and even local insights. Breakfast and lunch are provided for participants. Childcare reimbursement is also available.

- **Ikebana International Kamakura Chapter 51**

This is a group of Japanese and Americans whose motto is "Friendship through Flowers." The unique monthly programs are an exchange of Japanese and American culture, featuring music, dance, theater, and art to name a few. There Are Ikebana demonstrations twice each year, and a member demonstration In June.

- **Japanese American Wives (JAW)**

The Japanese American Wives Group (JAW) is an intercultural group "...to promote lasting friendships between Japanese and American women and increase intercultural understanding."

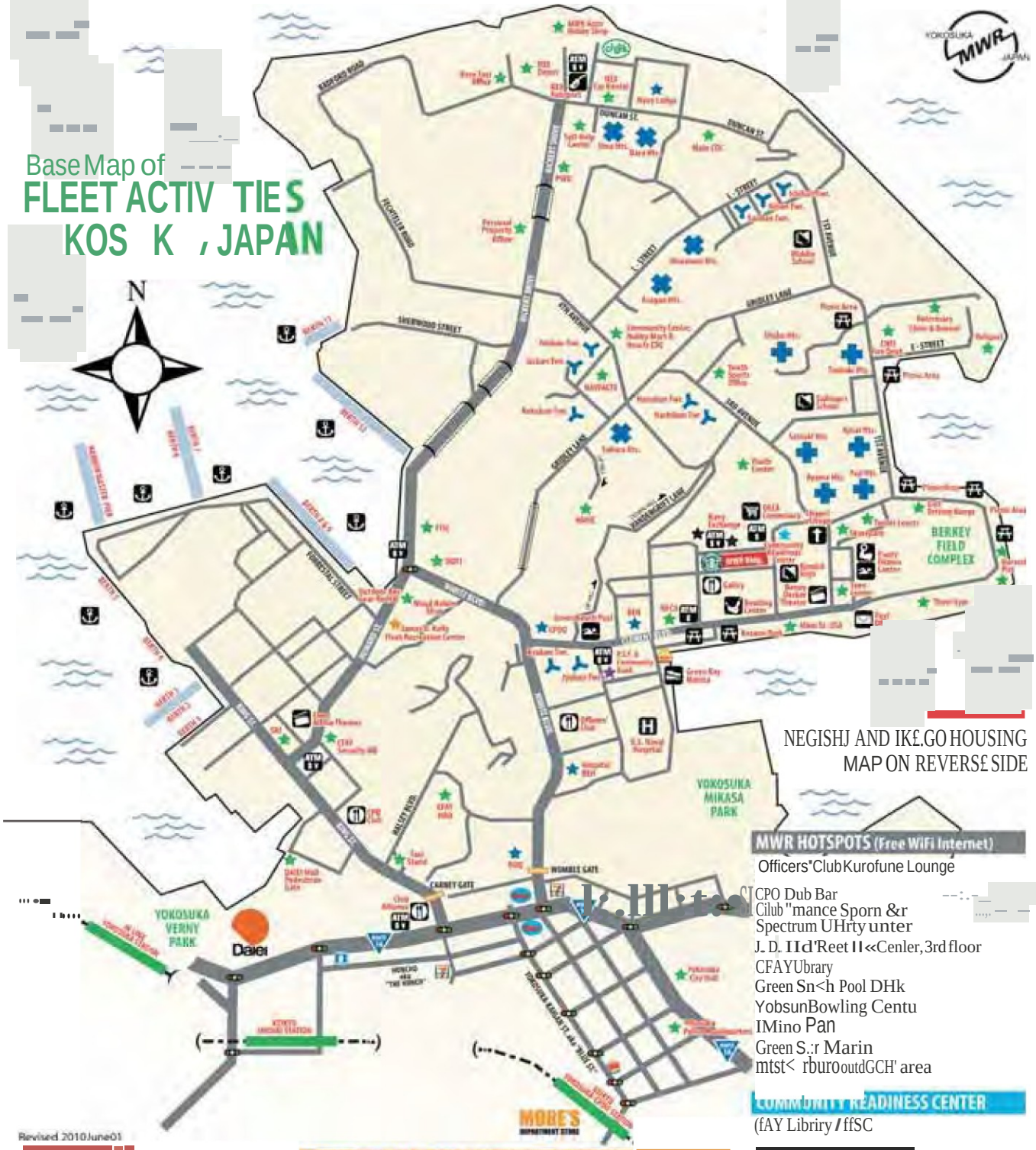
- **Yokosuka Officers Spouse Club (YOSC)**

As a club for spouses of Yokosuka officers, this is a large and active organization. A special YOSC welcome event for officers' spouses will be held in the fall.

- **The Family Readiness Group (FRG)** provides opportunities for spouses to gather and discuss the challenges facing families during deployment in Yokosuka as well as share ideas and ask questions of other groups.

Base Map of

# FLEET ACTIV TIES KOS K , JAPAN




NEGISHJ AND IK£.GO HOUSING MAP ON REVERS£ SIDE

**MWR HOTSPOTS (Free WiFi Internet)**

Officers*Club Kurofune Lounge
CPO Dub Bar
Ciluh "mance Sporn &r
Spectrum UHrty unter
J. D. IId'Reet II<<Cenler, 3rd floor
CFAYUbrary
Green Sn<h Pool DHk
YobsunBowling Centu
IMino Pan
Green S.:r Marin
mtst< rburo outdGCH' area

**COMMUNITY READINESS CENTER**

(fAY Libriry / ffSC

**MWR BUilDING**

1F MWilVidto<ilmt Room
1F Starlloc:b CoffH Sllop
1F International Toun&Tldietmg llTTl
1F HEXVid1t0 R'Vntal
1F MEX !:lame 6allery
2f MWil:Adrnln & PetsGJ nef Office
2F Ghild Dnelopmt Homes ICOH)

**JAMES D. KELLY FLEET RECREATION CENTER**

1f Singlt:Saitor Spffii'Um Loungt:
lF FIH!BarlJerShop
lF Inttrtltcafe
1F Fleet Lockr Club
1F L..aundry SerYice
If N£X Ul'lifonl!/GmSbop
Jf UTCTrul
3F Navy Collflgt
3,F Fleet Dental alnk
lF MWR AduH Sports Office
Sf MWR fitness, Cl'ntu
3F Fleet Rec(oordiD;ator
F Fleet GJID5 &Iol:\ef Room
SF Gym& RacquethaU Court

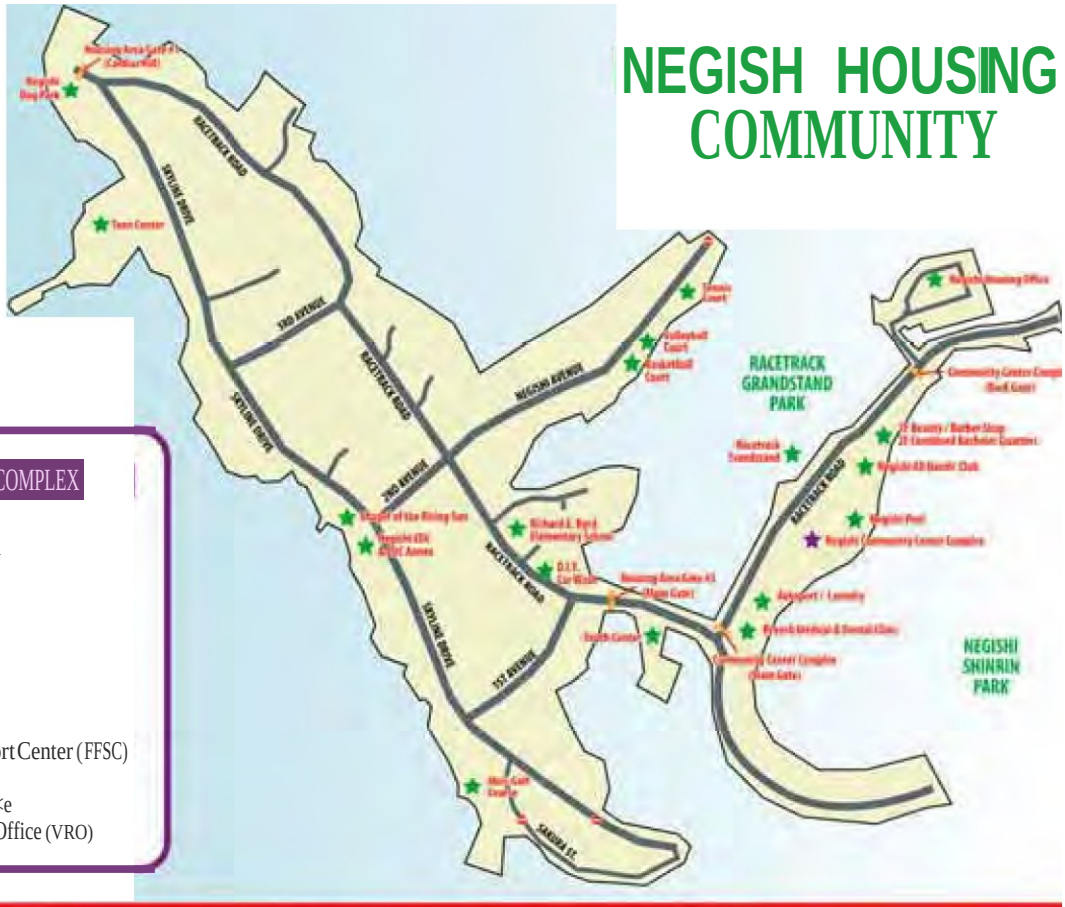
**NAVY EXOIANGE (NEX)**

Barber Shop / Buuty Shop / Flower Shop
Tailor Shop / Food Court / laundromAt
OptitaJ Shop / Pei1Gnaliud Stmtes

**PERSONNEL SUPPORT FACILJn'(PSF)**

1F Community Bank / PSP / CfAY Bus Desk
2F IIMCR / N<lvy Legal Ofc. / PSA

# NEGISH HOUSING COMMUNITY




**COMMUNITY CENTER COMPLEX**

lfHEXMan
lf Hf9lshiMWtTbutu
1F PostOffice
1f SpedalI's Food Shop
2'F MWR 8owDngCtnttr
*I*Comml!nlty Bank
2f Gym I W!ight Room
2 libriry
*If* FIMt & F-amJIJ Support Center (FFSC)
*U* MWR Program Office
2F Negl$bi Base OlC Offi<e
2f Veltide Registration Office (VRO)

# IKEGO HOUSING COMMUNI V

**BUILDING #673**

NEX Mn - Mart
AnthonyPlzu
lktgoCDC
lkegofiMt& Family Suppm Center (FFSC!
lkego Beauty/Barbtr/NaU Shop